

CORATA Belgique

4^{ème} Congrès

de Biologie Clinique

28 - 29 septembre 2016



Association des Assistants en Biologie Clinique (AABC)

A.S.B.L.

SIEMENS



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SAINT-LUC

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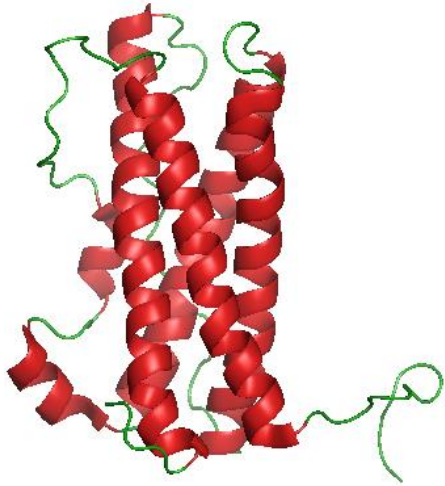
Recherche de la macroprolactine: état des lieux en 2016

Favresse Julien
Assistant Biologie Clinique 2^{ème} année



Cliniques universitaires
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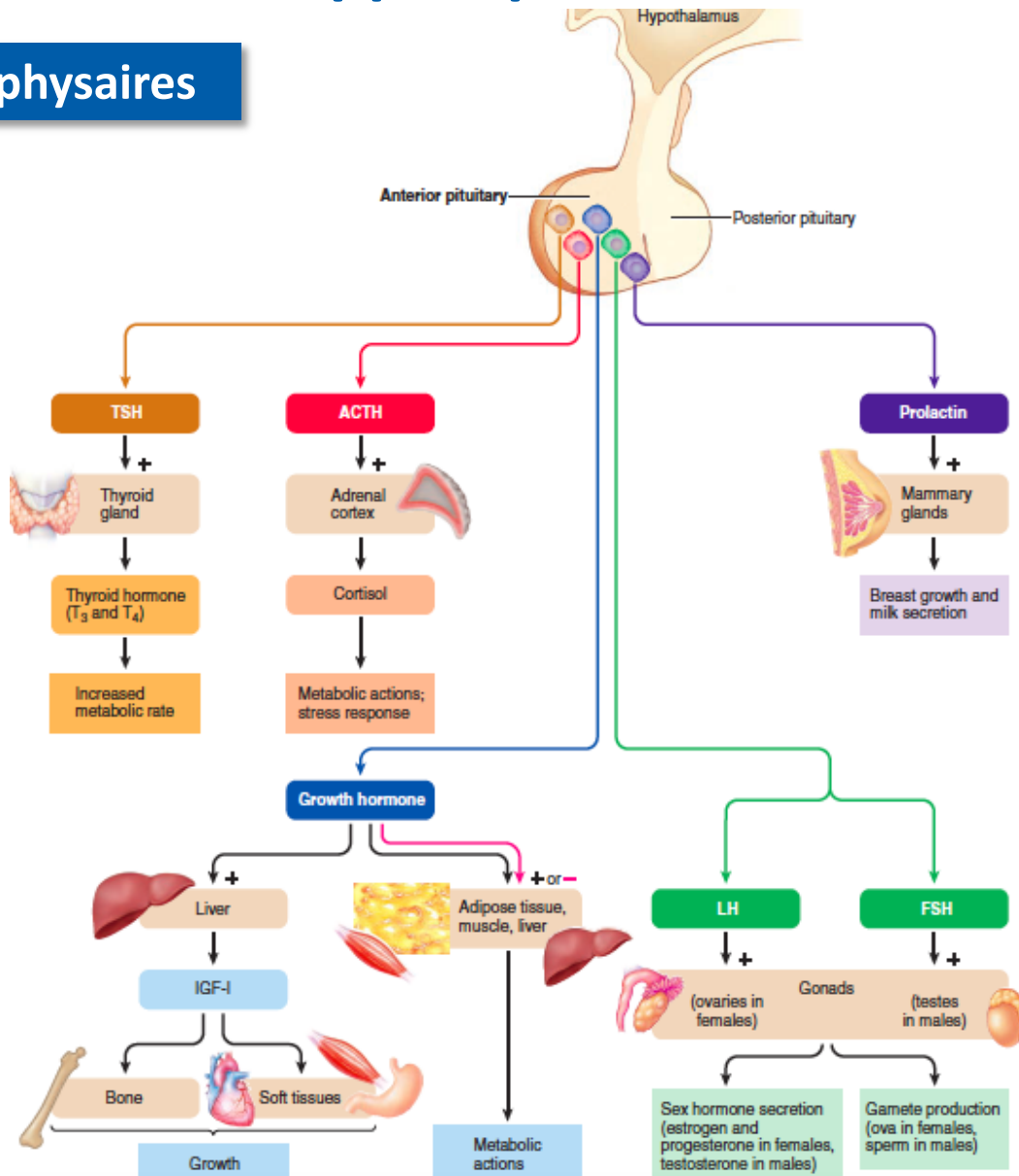
Plan de présentation



- **Rappels prolactine**
 - Hormones hypophysaires
 - Physiologie de la prolactine
 - Causes et symptômes d'hyperprolactinémie
 - Structure prolactine
- **Macroprolactine**
 - Quelques chiffres
 - Immunodosages
 - Rechercher la macroprolactine
 - Validation vs CHU Liège
- **Macrocalcitonine?**

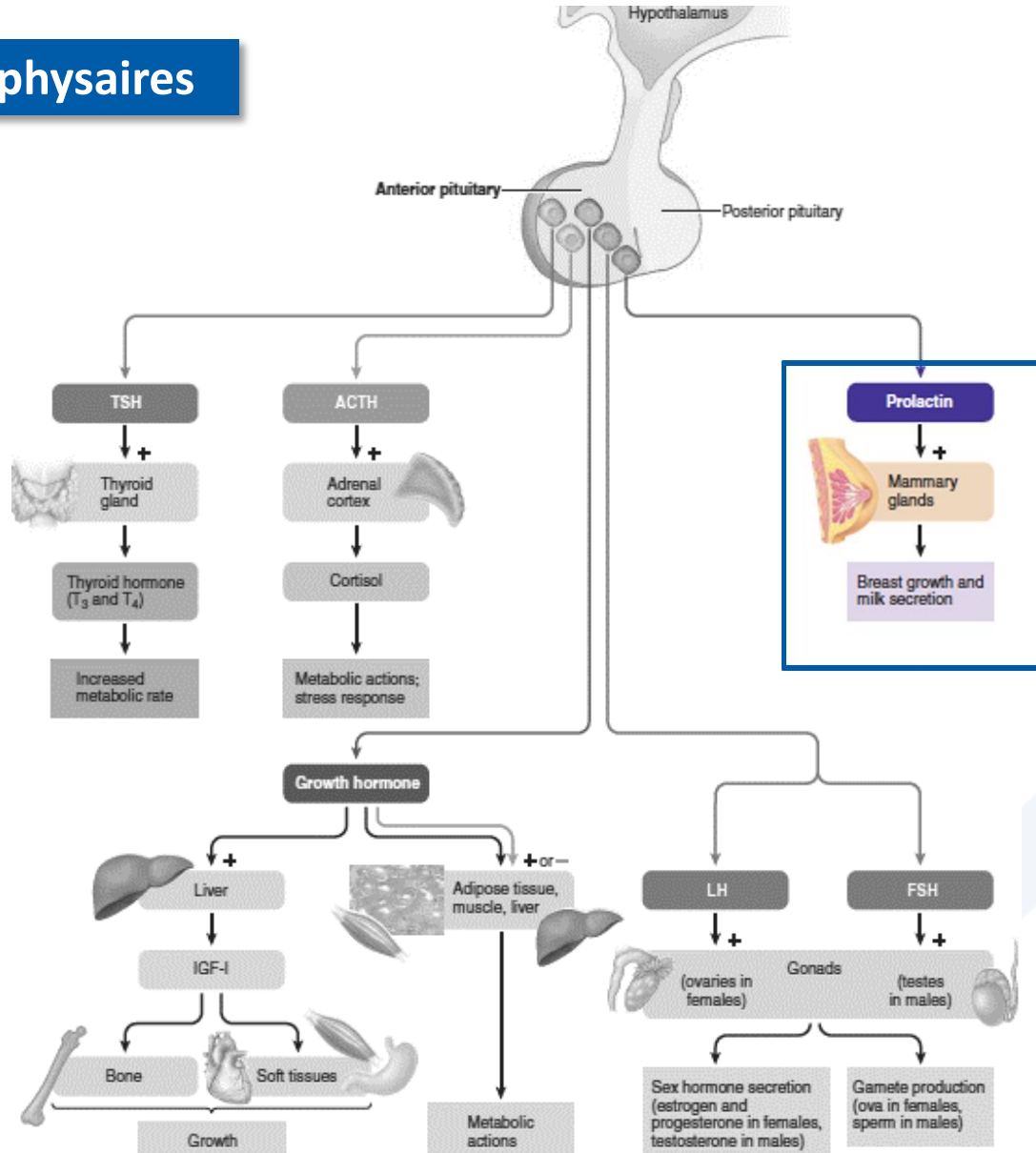
Rappels prolactine

Hormones hypophysaires



Rappels prolactine

Hormones hypophysaires



Source: Sherwood L et al (2011) Human Physiology: from cells to systems, 8th

Rappels prolactine

Physiologie de la prolactine

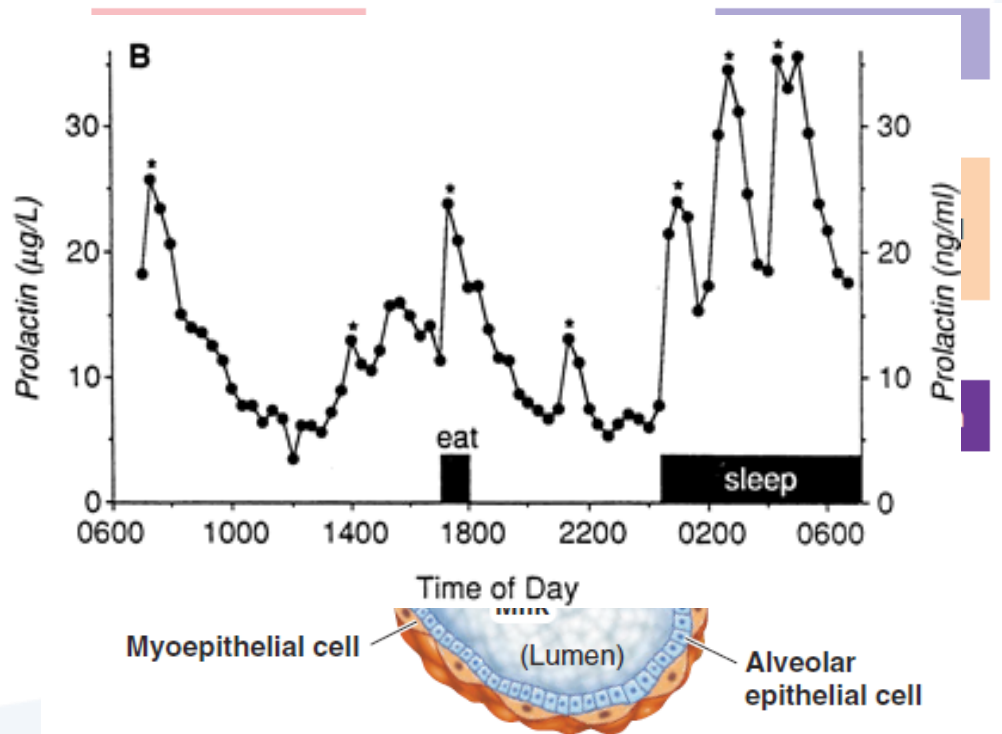
Prolactin-Releasing Hormone (+TRH)



Prolactin-Inhibiting Hormone (Dopamine)

Prolactine

- Sécrétion pulsatile
- Stimule développement glandes mammaires
- Stimule production et sécrétion du lait par alvéoles mammaires
- Fonction chez l'homme peu connu
- Renforce SI des deux sexes?

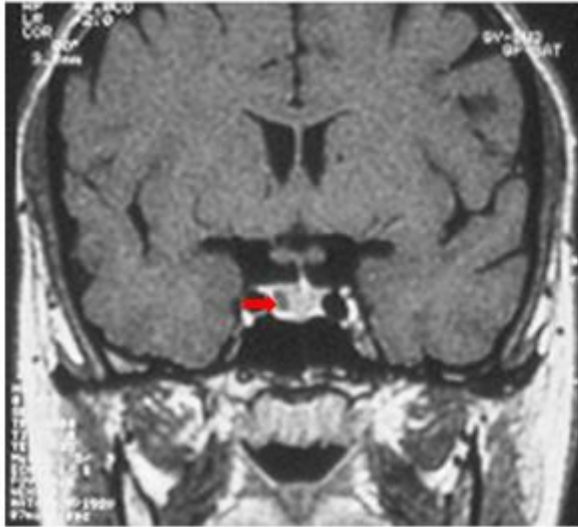


Rappels prolactine

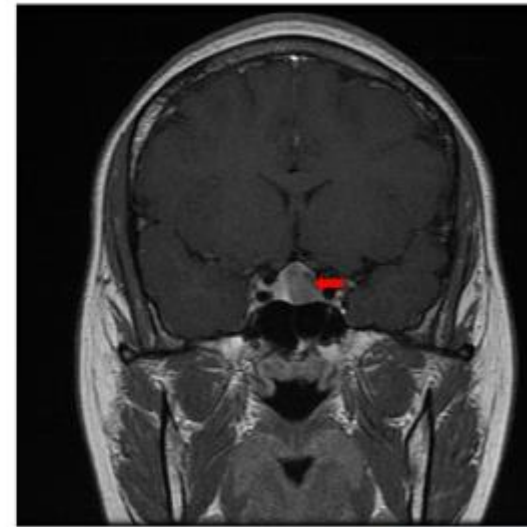
Causes d'hyperprolactinémie

- **Prolactinome**: tumeur pituitaire bénigne sécrétant de la prolactine ou adénome hypophysaire mixte (GH, ACTH, ...)

Microadénome < 10 mm



Macroadénome > 10 mm



- Lésion
- Hypot
- Troub
- Lésion
- « Idiopathiques » (29% selon littérature comme microadénome non détecté par l'imagerie)



Rappels prolactine

Causes d'hyperprolactinémie



Médicaments

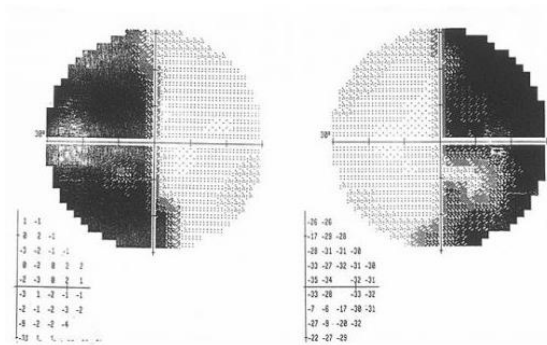
S. Nerveux	S. Gastro-intestinal	S. Cardiovasculaire	S. Hormonal
Neuroleptiques: <ul style="list-style-type: none">- <u>Classiques</u> (sulpiride)- <u>Atypiques</u>- (risperid. > olanzapine > quétiapine)	Antiémétiques: Métoclopramide, dompéridone, alizapride	Antihypertenseurs: <ul style="list-style-type: none">- <u>Antagonistes du Ca²⁺</u> (vérapamil)- <u>Action centrale</u> (α-méthyldopa)	Œstrogènes
Antidépresseurs: Tricycliques, SSRI et IMAO	Anti-H2 et IPP: Cimétidine, ranitidine, oméproazole, ...		Progestérone
Cocaïne			



Rappels prolactine

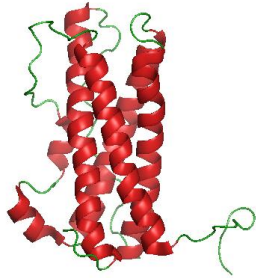
Symptômes hyperprolactinémie

Femmes	Hommes
Oligo-aménorrhée (90%)	Gynécomastie
Galactorrhée (50%)	↘ caractères sexuels
Infertilité, ostéopénie	Infertilité, ostéopénie
↘ Libido, retard pubertaire, ...	↘ Libido, impuissance
Symptômes compression	Symptômes compression ++



Rappels prolactine

Structure prolactine



Gène prolactine



Polypeptide 227 a.a.



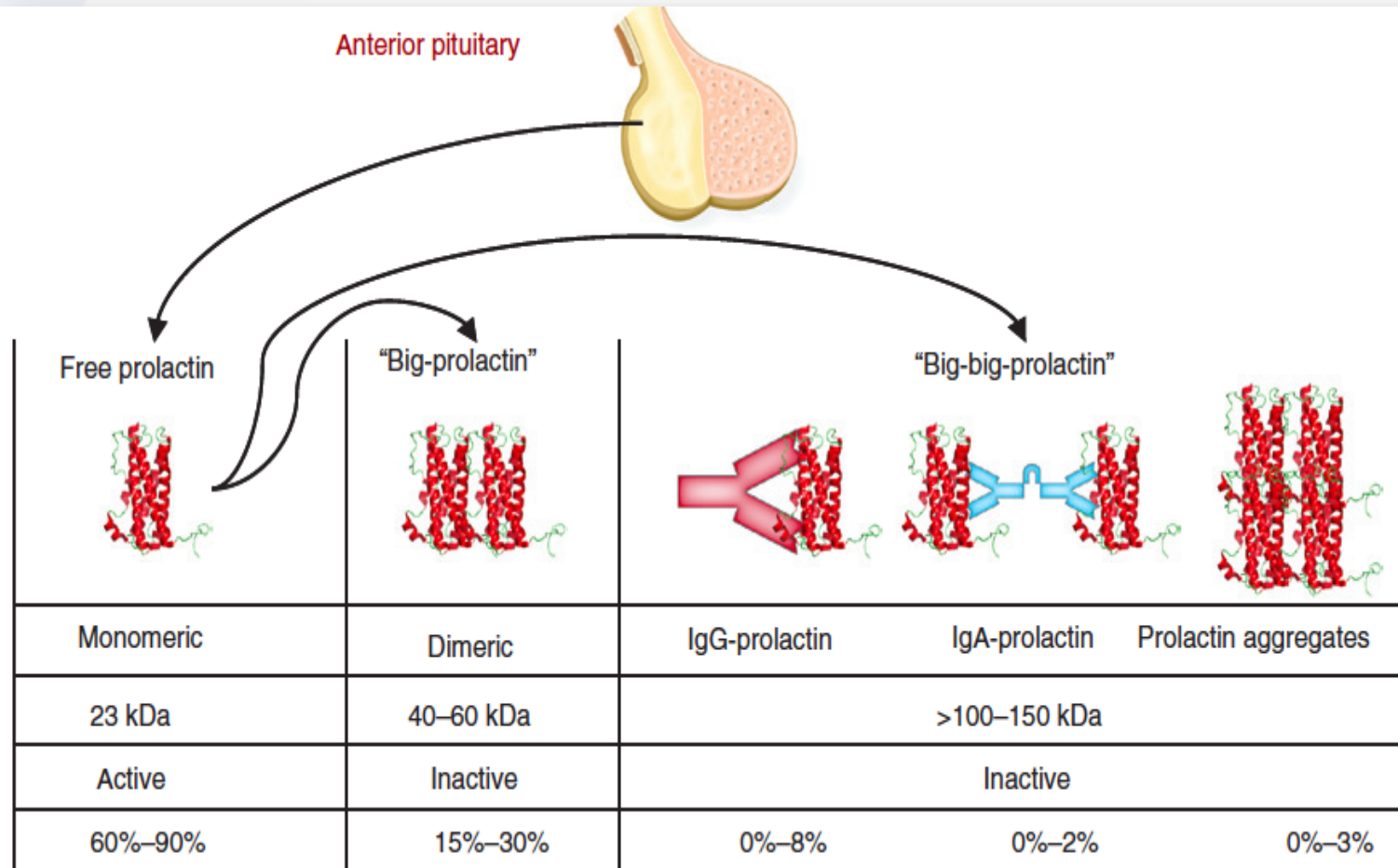
Prolactine 199 a.a.

Peptide signal 28 a.a.

Monomérique	23 kDa (65-85%) active
Monomérique glycosylée	25 kDa (25%) moins active
Dimérique « Big prolactin »	50-60 kDa (10-20%) inactive
Macroprolactine « Big big prolactin »	>150 kDa (<10%) inactive

Rappels prolactine

Structure prolactine



Macroprolactine

Quelques chiffres

- « Big big prolactin » de **150 kDa**
- Décrire pour la 1^{ère} fois par **Soong et al** en **1982**
- Terme « **Macroprolactinémie** » utilisé la 1^{ère} fois par **Jackson et al** en **1985**
« Prédominance de formes circulantes avec un haut PM »

Prévalence

<1-4% dans pi
4-40% dans le

Inactive in vivo

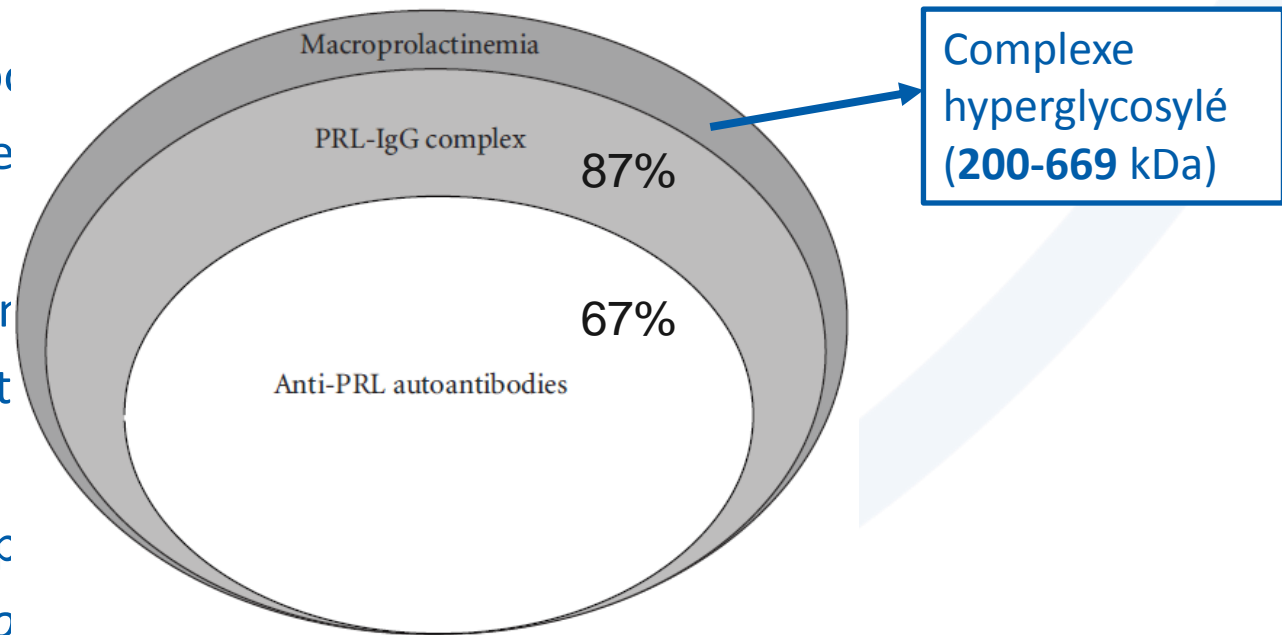
Confinée en ir
Ac interfèrent

Genèse

Impact de la p

Hypo.

Circulation: sérine 195

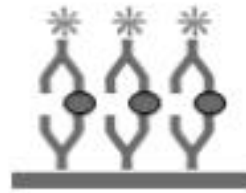
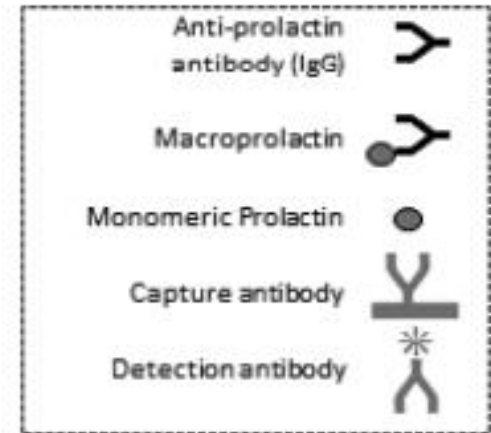
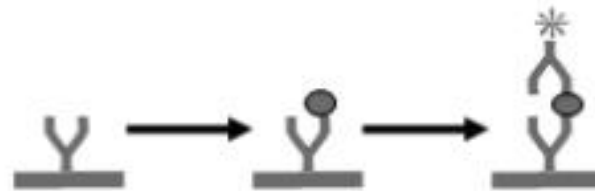


Macroprolactine

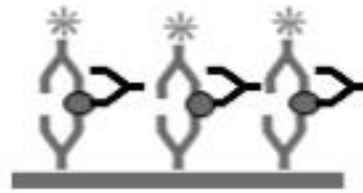
Immunodosages

A.

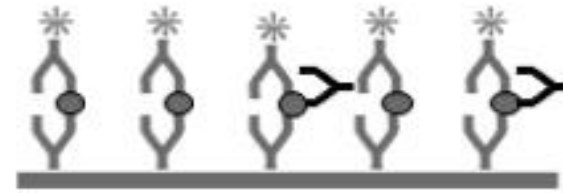
2-site immunometric assay



hyperprolactinemia



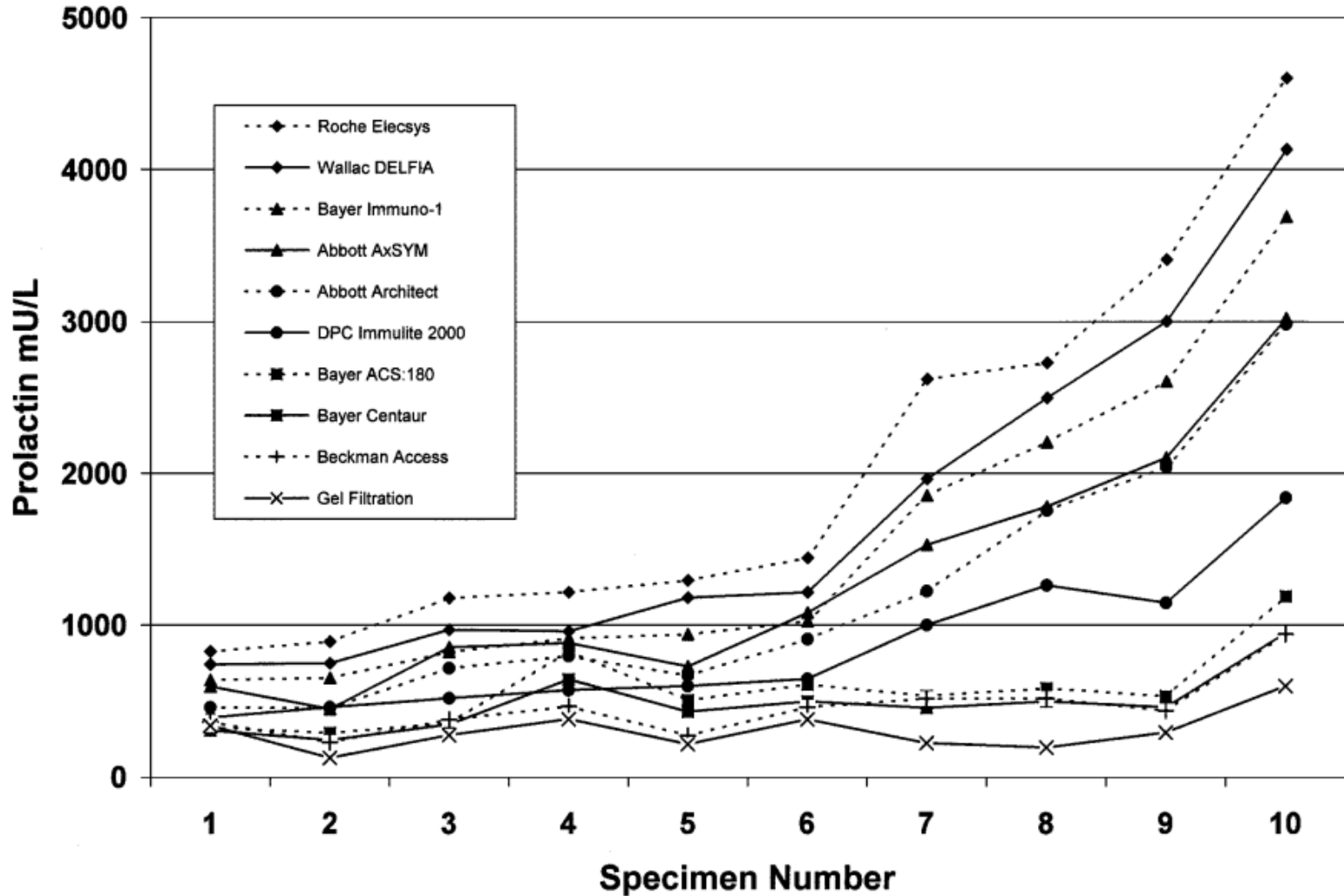
macroprolactinemia



macroprolactin with elevated monomeric prolactin

Macroprolactine

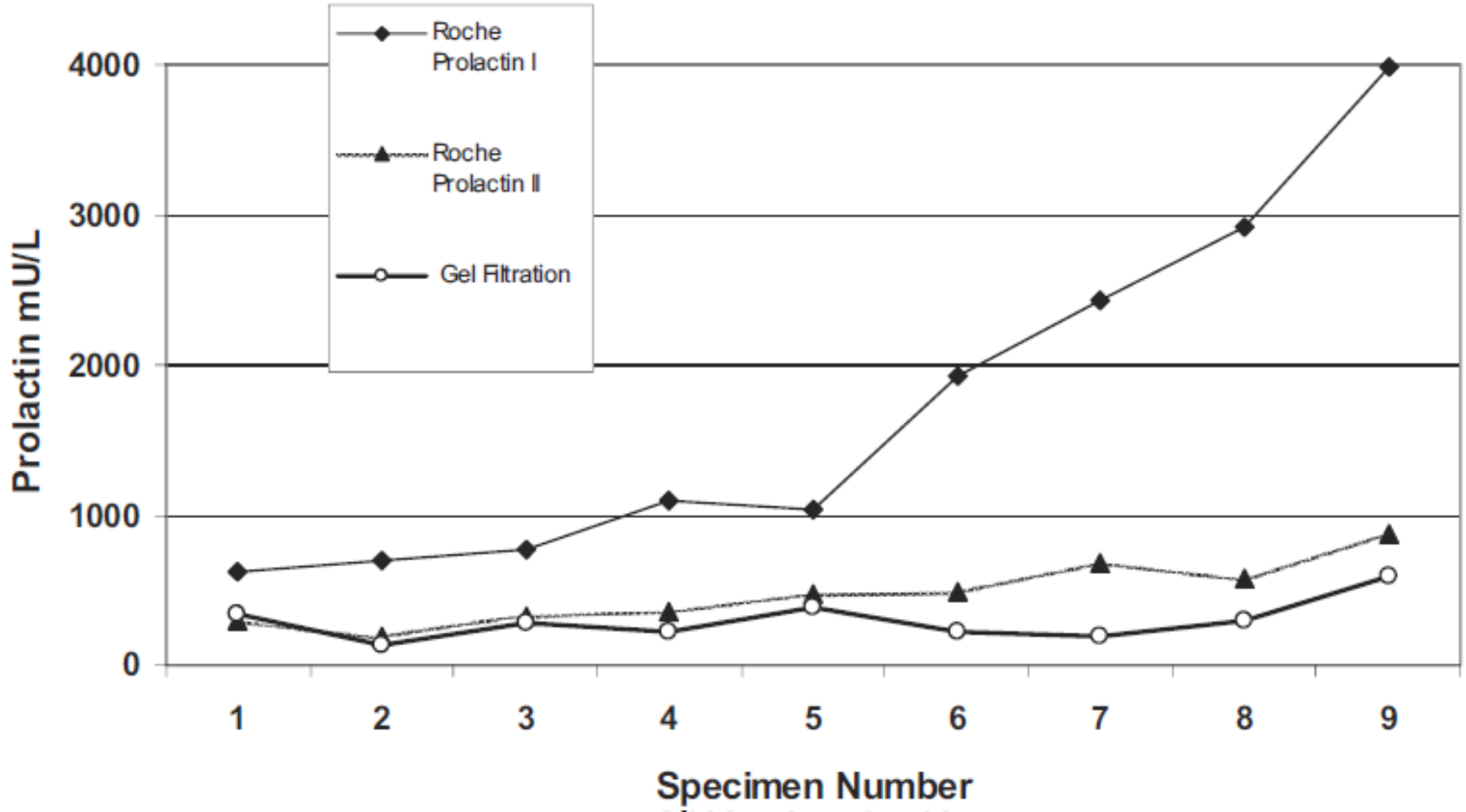
Immunodosages



Source: Smith et al (2002) J Clin Endocrinol Metab 87 (12):5410-5415

Macroprolactine

Immunodosages



Macroprolactine

Immunodosages

Situation 1

PRL augmentée

+

MPRL absente



HyperPRL vraie



Prise en charge requise

Situation 2

PRL normale

+

MPRL présente



HyperPRL fausse



Prise en charge inutile



Macrolactine

Intérêts

- Imageries coûteuses
- Coûts de laboratoire
- Traitements pharmacologiques et actes chirurgicaux inappropriés

Recommandations

- **McCudden et al. 2010:** ≤ 85 ng/mL
 - **Beda-Maluga et al. 2014:** ≤ 100 ng/mL
 - **The Pituitary Society:** 25-150 ng/mL
 - **The Endocrine Society:** seulement les cas asymptomatiques
 - **AACE/ACE Disease State 2015:** dans tous les cas d'hyperPRL
 - Haute prévalence (**4-40%**)
 - Mauvaise discrimination sur base de la clinique seule (Gibney 2005, Alfonso 2006)
- Estradiol, LH, LH/FSH
- Oligo/aménorrhée et galactorrhée

Macroprolactine

Rechercher la MPRL

● Chromatographie filtration sur gel (GFC) « Gold Standard »

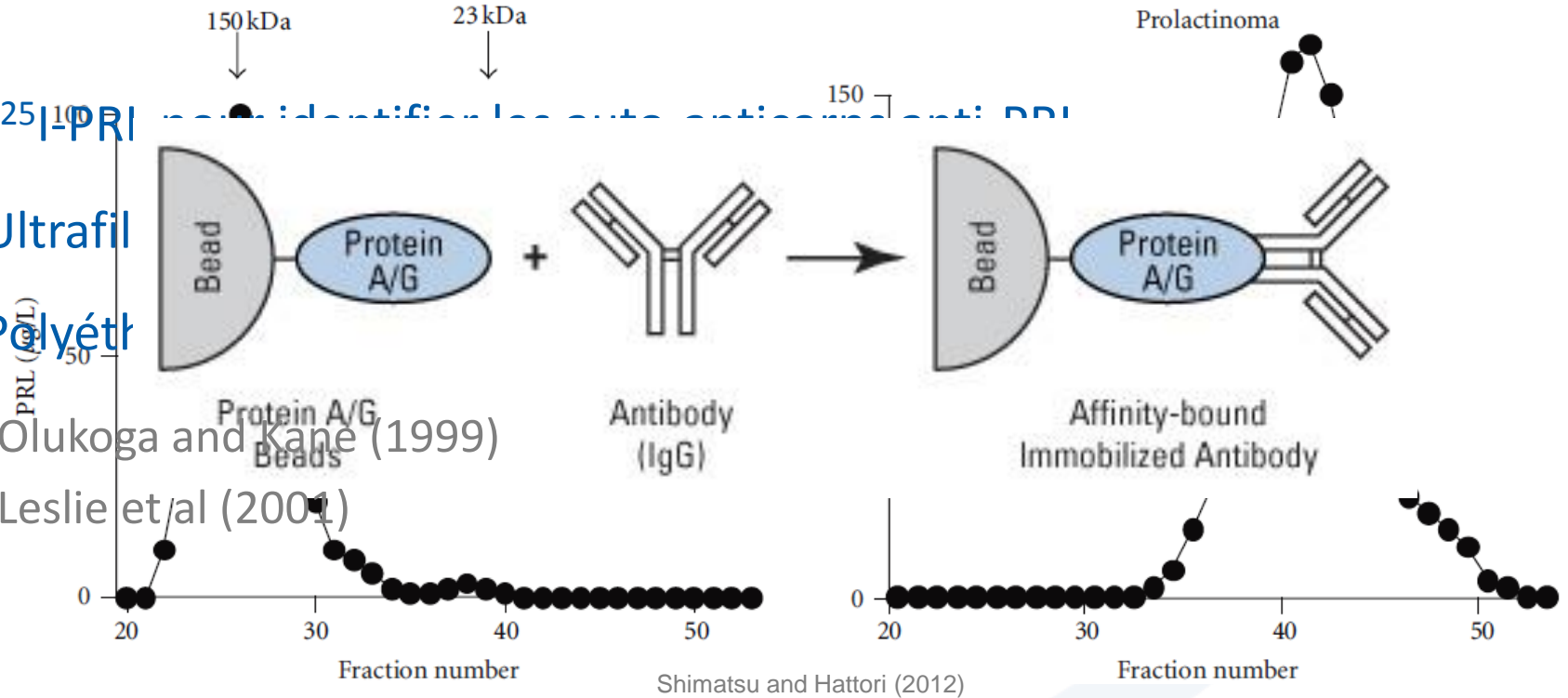
● F
● 125 I-PRL

● Ultrafil

● Polyéth

Olukoga and Kane (1999)

Leslie et al (2001)



Shimatsu and Hattori (2012)

Macroprolactine

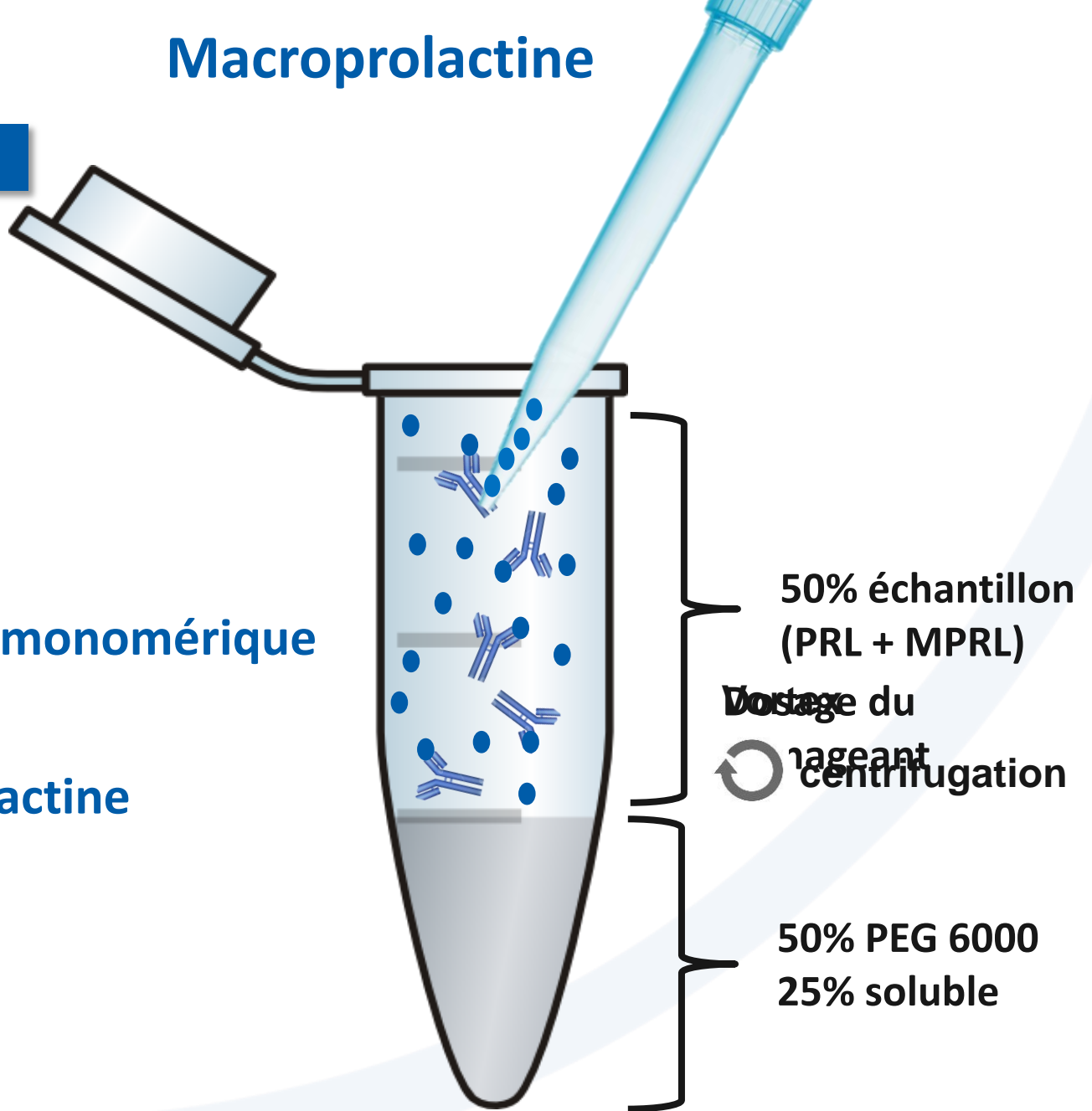
Rechercher la MPRL

Table 1. Comparative mean (SD) values for prolactin together with method correlation coefficients and cost in the 42 macroprolactinemic sera subjected to a variety of separation procedures.

Separation method	Monomeric prolactin, mIU/L	Residual prolactin		Correlation coefficient vs GFC	Cost per specimen, US \$
		mIU/L	%		
GFC	290 (108)		100		275.00
PEG		218 (90)	75	0.80	11.00
UF		324 (194)	112	0.61	16.00
PA		517 (283)	178	0.72	26.00
PG		438 (194)	151	0.78	28.00
Anti-hIgG		516 (190)	178	0.70	20.00

Macroprolactine

Rechercher la MPRL



● = Prolactine monomérique

Y = Macroprolactine

50% échantillon
(PRL + MPRL)

Vitesse de rotation
Durée de centrifugation

50% PEG 6000
25% soluble

Macroprolactine

Rechercher la MPRL

 = Prolactine monomérique

 = Macroprolactine



Macroprolactine

Rechercher la MPRL

1. Calcul d'un Recovery (%)

$$\frac{(\text{Concentration PRL postPEG} * 2)}{\text{Concentration PRL préPEG}}$$

● Exemple:

- 1^{er} dosage en prolactine à **70 ng/mL**
- Traitement PEG6000
- 2^{ème} dosage du surnageant à **9 ng/mL**
- Calcul du Recovery:

$$[(9*2)/70]*100 = \mathbf{25,7\%}$$



Macroprolactine

Rechercher la MPRL

1. Calcul d'un Recovery (%)

$$\frac{(\text{Concentration PRL postPEG} * 2)}{\text{Concentration PRL préPEG}}$$

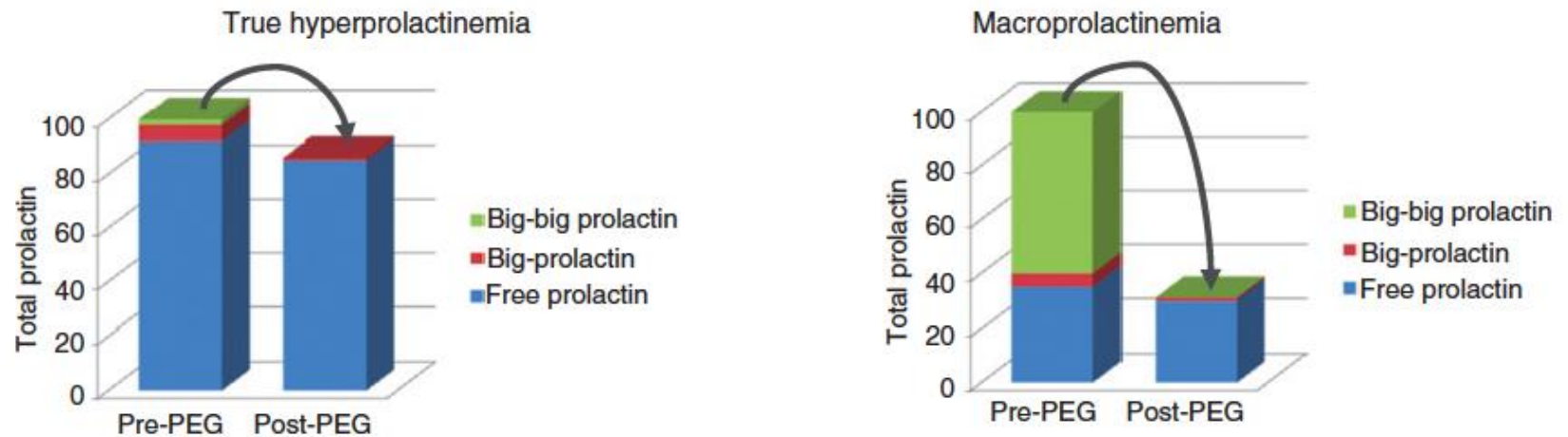


Figure 1: Synthesis and structure of free (monomeric) prolactin, big-prolactin and big-big-prolactin. PEG, poly-ethylene-glycol.



Macroprolactine

Rechercher la MPRL

1. Calcul d'un Recovery (%)

$$\frac{(\text{Concentration PRL postPEG} * 2)}{\text{Concentration PRL préPEG}}$$

1) **Recovery < 40%**
= Macroprolactinémie significative

2) **Recovery 40 – 60%**
= Macroprolactinémie possible

?????

3) **Recovery > 60%**
= Absence de macroprolactinémie



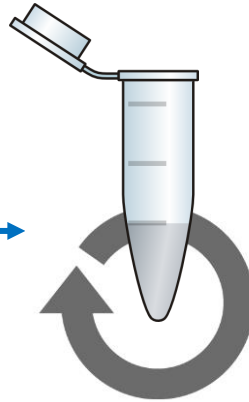
Macroprolactine

Rechercher la MPRL

2. Valeurs référence post-PEG



Population sujets sains



Echantillon patient + PEG (50/50)

Valeurs de référence post-PEG
(déterminé dans le surnageant)

>< valeurs référence fournisseurs
car perte de 20-25% en PRL
monomérique active !!!!

- 1) Valeur patient post-PEG comprise dans l'intervalle → Absence d'hyperPRLémie
- 2) Valeur patient post-PEG supérieur aux VR → HyperPRLémie vraie



Macrolactine

Rechercher la MPRL

2. Valeurs référence post-PEG

<u>Sexe</u>	<u>Race</u>	<u>Age</u>		pré-PEG (ng/mL)	post-PEG (ng/mL)	post-PEG*2 (ng/mL)	pré-PEG (mIU/L)	post-PEG (mIU/L)	post-PEG*2 (mIU/L)
H	Caucasian	26	C1	6,19	2,27	4,54	131,228	48,124	96,248
H	Caucasian	52	C2	8,82	3,42	6,84	186,984	72,504	145,008
F	Caucasian	37	C3	32,32	13,63	27,26	685,184	288,956	577,912
F	Caucasian	31	C4	10,44	4,61	9,22	221,328	97,732	195,464
H	Caucasian	43	C5	4,03	1,86	3,72	85,436	39,432	78,864
H	Caucasian	30	C6	4,04	1,76	3,52	85,648	37,312	74,624
F	Caucasian	23	C7	7,52	3,12	6,24	159,424	66,144	132,288
F	Caucasian	34	C8	4,89	2,11	4,22	103,668	44,732	89,464
H	Caucasian	36	C9	3,98	1,58	3,16	84,376	33,496	66,992
F	Caucasian	54	C10	8,97	3,62	7,24	190,164	76,744	153,488
F	Caucasian	44	C11	6,6	2,69	5,38	139,92	57,028	114,056
F	Caucasian	55	C12	10,27	4,09	8,18	217,724	86,708	173,416
F	Caucasian	25	C13	6,37	2,63	5,26	135,044	55,756	111,512
F	Caucasian	37	C14	5,88	2,42	4,84	124,656	51,304	102,608
F	Caucasian	52	C15	6,39	2,62	5,24	135,468	55,544	111,088
F	Caucasian	27	C16	5,33	2,18	4,36	112,996	46,216	92,432



Macroprolactine

Rechercher la MPRL

2. Valeurs référence post-PEG

Table 3. Parametric reference intervals for post-PEG prolactin (mIU/L) in male and female sera for each immunoassay platform.

Analyzer	Male range		Female range	
	Lower	Upper	Lower	Upper
Centaur	61	196	66	278
Elecsys	63	245	75	381
Access	70	301	92	469
Architect	72	229	79	347
AIA	73	247	83	383
Immulite	78	263	85	394

Macroprolactine

Défaut recovery (%)

Situation 1

PRL augmentée

+

MPRL absente



HyperPRL vraie



Prise en charge requise

Situation 2

PRL normale

+

MPRL présente



HyperPRL fausse



Prise en charge inutile

Situation 3

PRL augmentée

+

MPRL présente



HyperPRL vraie



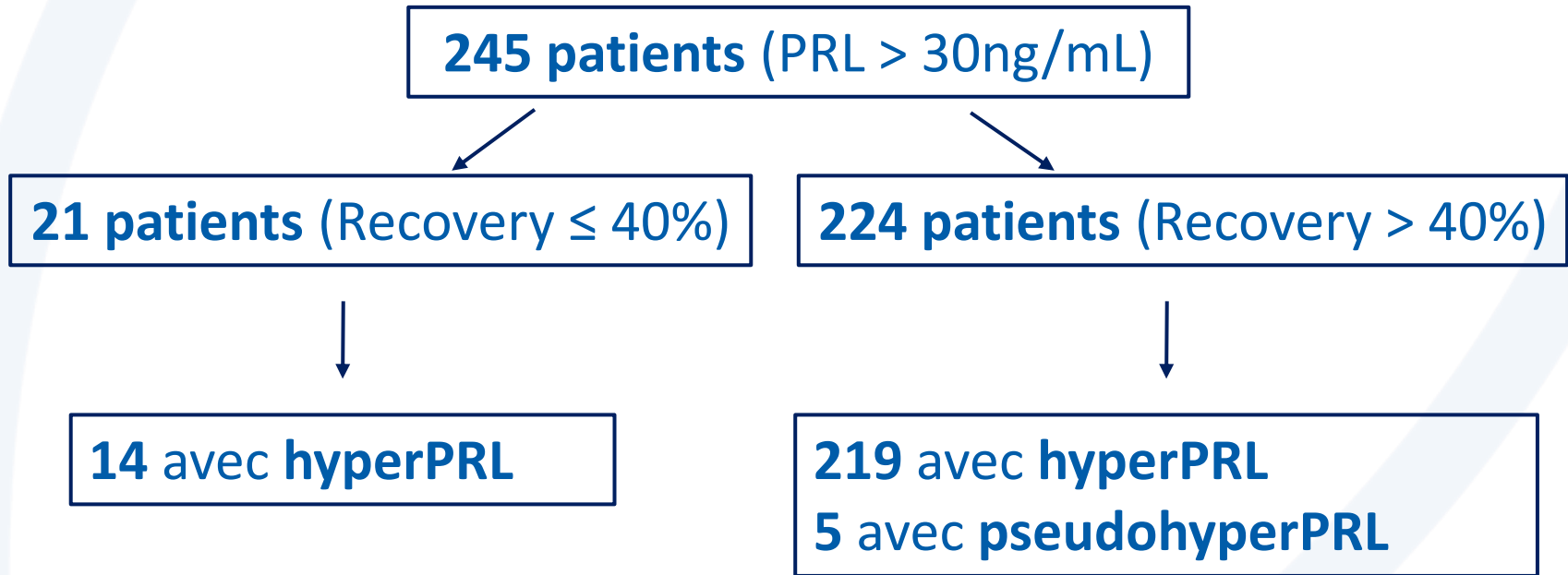
Prise en charge requise



Macrolactine

Défaut recovery (%)

Beda-Maluga et al 2014 (Immulite 1000®)

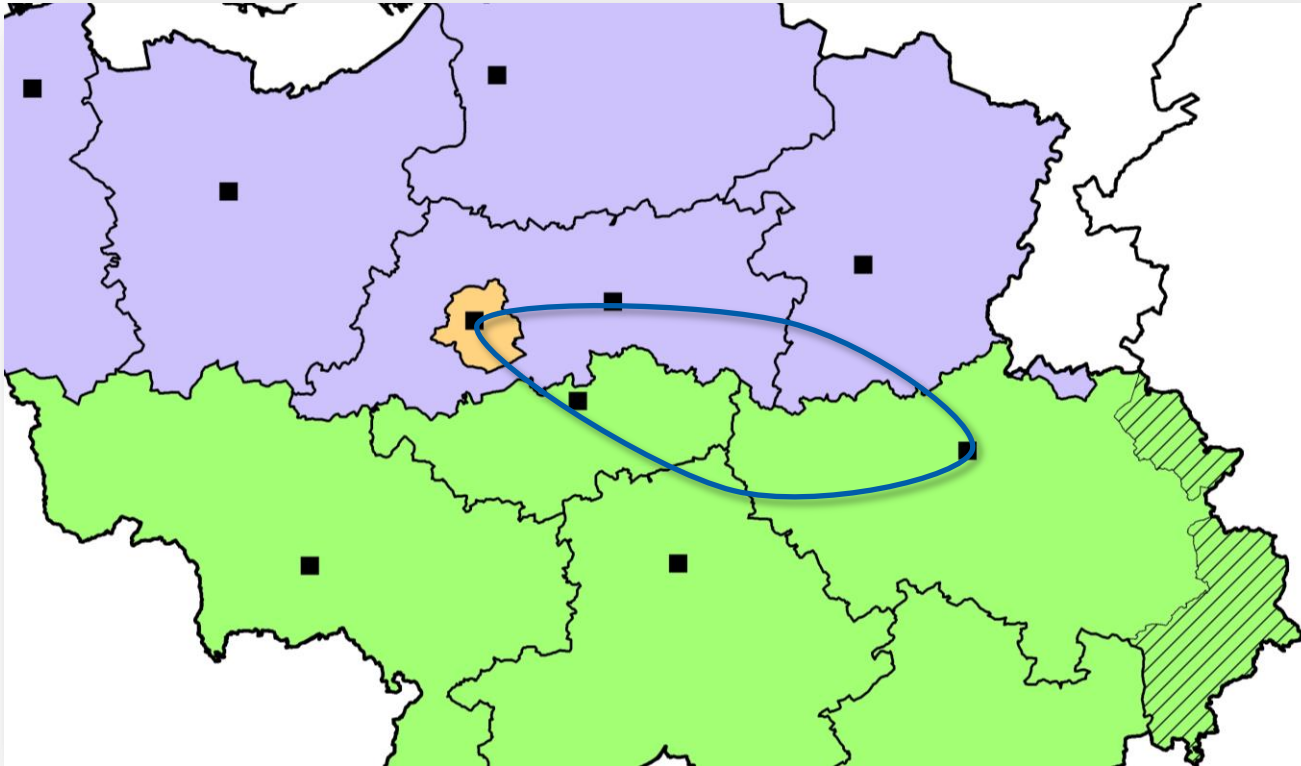


	Women	Men
Manufacturer's reference ranges for PRL [ng/mL]	1.9 – 25	2.5 – 17
Ranges for PRL concentration after macroforms separation [ng/mL]	1.5 – 20	2 – 13.6

Macrolactine

Validation

Sous-traitance CHU Liège



Validation

● Sous-traitance CHU Liège

Intervalle screening	30-100 ng/mL
Dosage	ECLIA module E170
Volume échantillon	300 µL
Traitement PEG	2 minutes, 14.500 rpm
Stabilité PEG	7 jours
Rendu des résultats	Recovery (%)



Validation

● Multitude de méthodes de précipitation au PEG

Vieira 1998

To 250 mL of se
mixed them for
(temperature) P

Olukoga 1999

Polyethylene glycol, 200 µl, molecular weight 6000 (PEG 6000) (25% w/w) was added to 200 µl of serum. The mixture was incubated for 30 min at 4°C.

Sapin 2001

PEG precipitation was performed according to Fahie-Wilson and Soule [10]. Five hundred microliters of a 25% PEG 6000 solution was added at room temperature (20-25°C) to 500 µl of serum. Prolactin

Leslie 2001

Five hundred microliters (500 µL) of a 25% polyethylene glycol (PEG 6000) solution (6000 MW) and patients'

Beltran 2008

All sera were also treated with PEG (15). Briefly, 250µL of sera, mixed with an equal volume of PEG 6000 (VWR International UK, product 29577), 250 g/L in PBS (Sigma, 137 mmol/L sodium chloride, 10 mmol/L sodium phosphate), pH 7.4, was incubated for 10 min at room temperature. The

Shimatsu 2012

prolactin measurement. To determine free PRL concentrations, serum samples (50 µL) are mixed vigorously with 50 µL of cold PEG (molecular weight 6000, 25% in water) and centrifuged at 9.100 ×g for 10 min to

Beda-Maluga 2014

Equal volumes of
temperature for 1
after this procedu

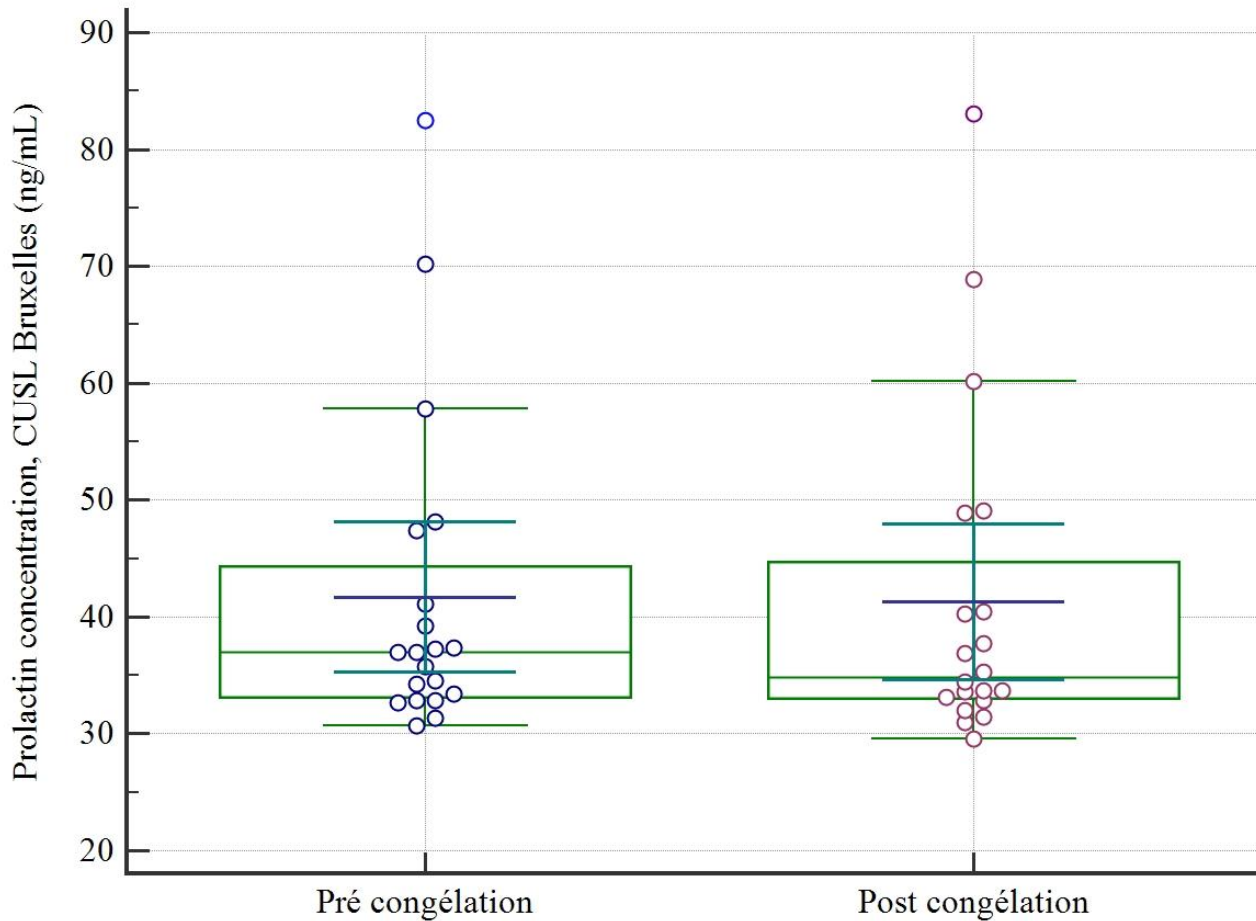
Chen 2016

PEG treatment of serum samples and calculations of PRL recovery: An equal quantity of 25% PEG was added to 200 µl of the PRL-elevated serum sample. After full mixing, the mixture was centrifuged at 1500xg for 30 minutes, and then the supernatant was isolated for PRL analysis. The PRL recovery was calculated using the following formula: $(2 \times \text{PRL level following PEG treatment} / \text{PRL level before PEG treatment}) \times 100\%$.

Macroprolactine

Validation

● Décongélation



Wilcoxon test
P = 0.81
n = 20



Validation

Solution PEG

Reporting of post-polyethylene glycol prolactin: precipitation by polyethylene glycol 6000 or polyethylene glycol 8000 will change reference intervals for monomeric prolactin.

[Veljkovic K¹](#), [Servedio D](#), [Don-Wauchope AC](#).

Author information

Abstract

BACKGROUND: When screening for macroprolactin, many laboratories use precipitation by polyethylene glycol (PEG) with molecular weight 6000 (PEG6000) or 8000 (PEG8000), and report the percentage prolactin recovery. It has been proposed that reporting of percentage prolactin recovery should be replaced by absolute post-PEG prolactin; however, the post-PEG prolactin reference interval has been established using PEG6000 only. We sought to determine whether the use of PEG8000, instead of PEG6000, changed post-PEG prolactin concentrations.

METHODS: We compared the post-PEG6000 and post-PEG8000 prolactin concentrations in hyperprolactinaemic serum samples referred for macroprolactin screening (n=40), using Passing-Bablok regression analysis and Bland-Altman difference plot.

RESULTS: The median (25th-75th percentile, range) total prolactin, post-PEG6000 and post-PEG8000 prolactin concentrations were, respectively, 36 (31-46, 23-83) µg/L, 27 (20-38, 18-72) µg/L and 24 (18-35, 16-64) µg/L for male serum samples (n=5); and 56 (39-83, 24-596) µg/L, 45 (31-67, 8-503) µg/L and 41 (28-62, 6-457) µg/L for female serum samples (n=35) (mIU/L conversion factor: 21.2). The Passing-Bablok analysis demonstrated a significant constant bias of -1.27 and a non-significant proportional bias of 0.96. The Bland-Altman plot showed a bias of -8.2% (95% limits of agreement -19.3-2.9%).

CONCLUSIONS: There is a significant constant bias between the two macroprolactin precipitation methods. We changed our PEG precipitation to a PEG6000 method. Laboratories that use PEG8000 should consider the transference of the reference interval established with PEG6000 carefully.



Macrolactine

Validation



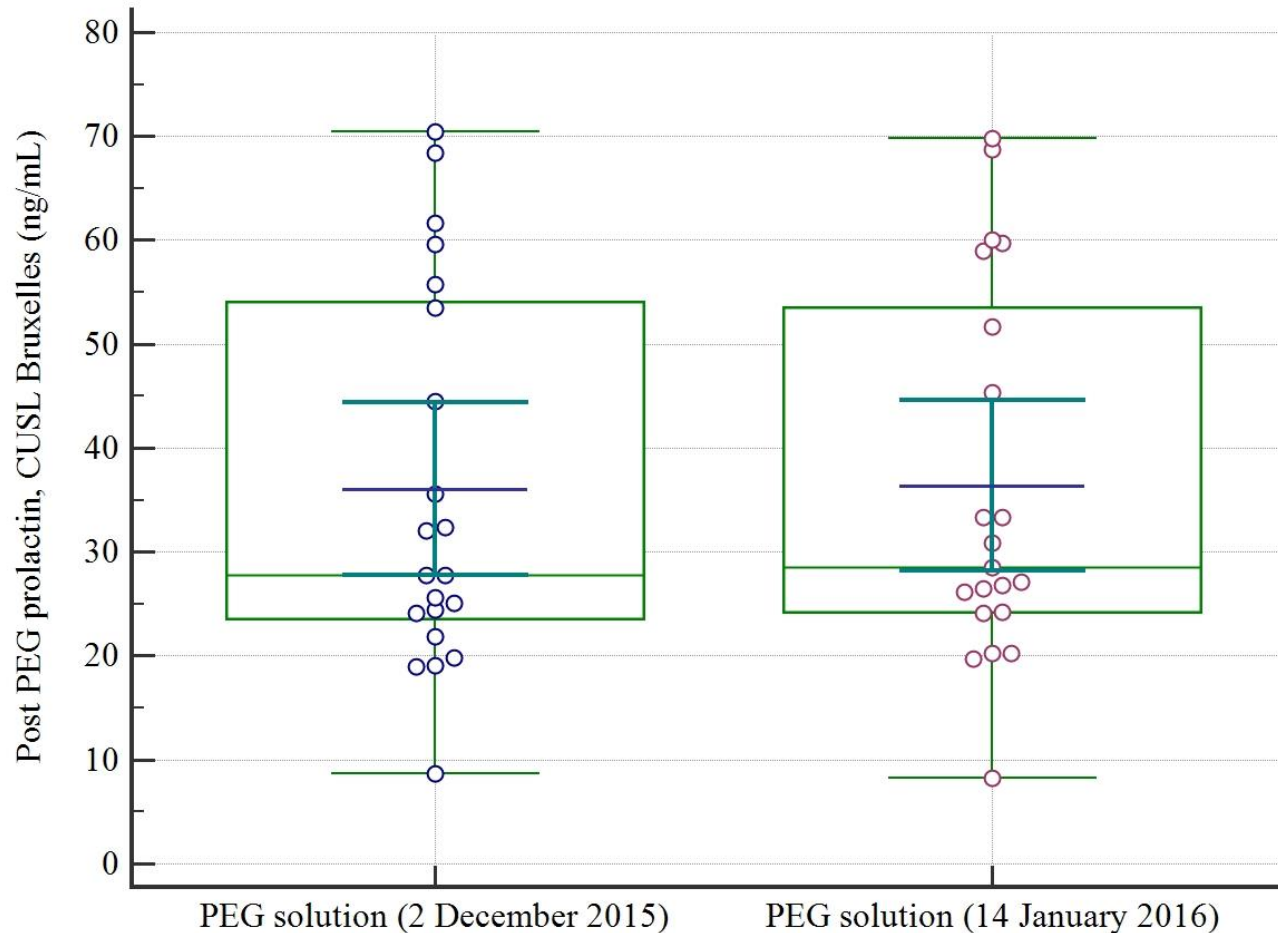
10 minutes



Macroprolactine

Validation

Stabilité solution PEG 6000 – 44 jours



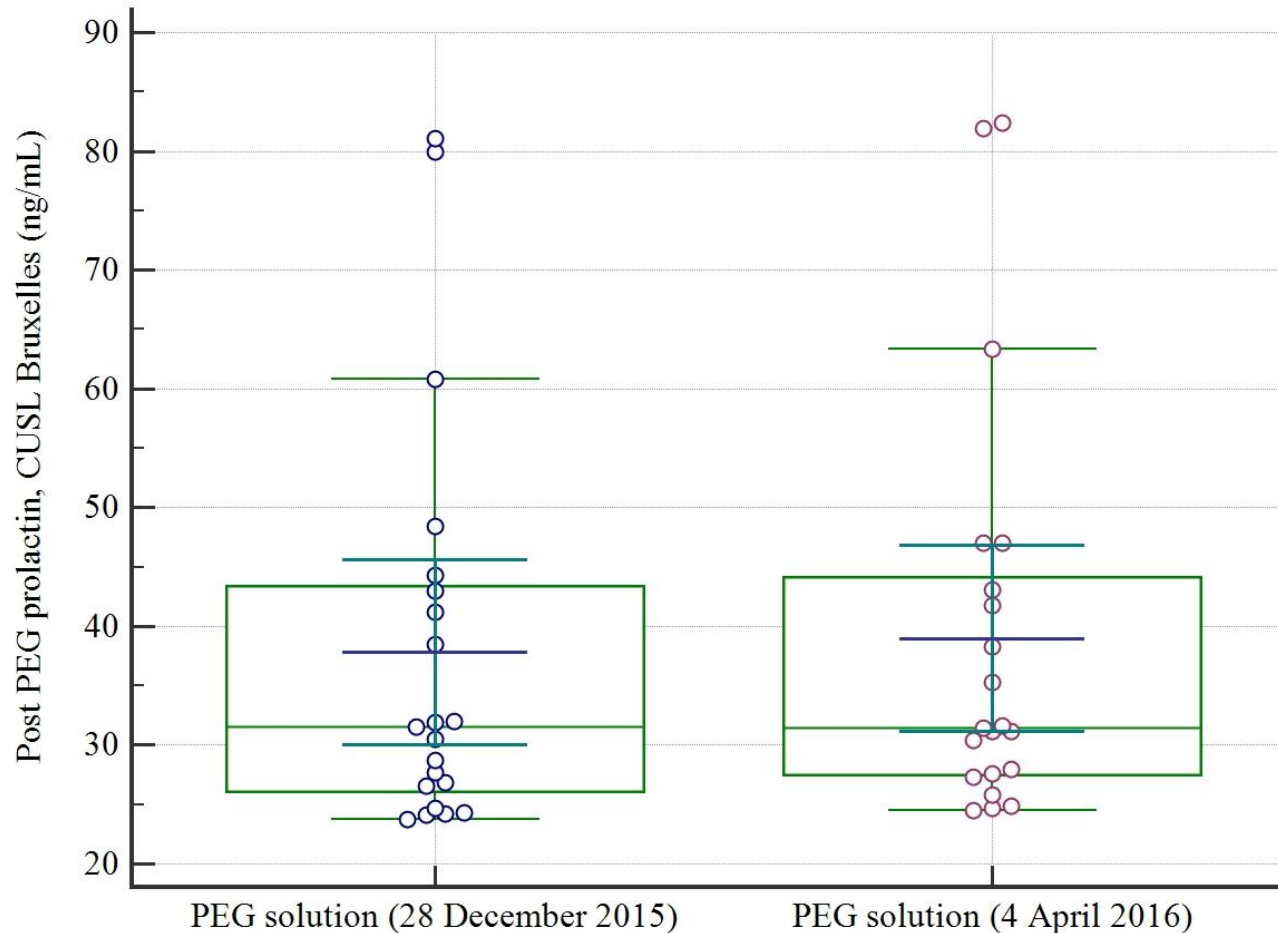
Paired samples
t-test
P = 0.48
n = 21



Macroprolactine

Validation

● Stabilité solution PEG 6000 – 99 jours



Paired samples
t-test
P = 0.02
n = 21



Macroprolactine

Validation

● Stabilité solution PEG 6000 – 99 jours



JAMES WESTGARD

Desirable Specifications for Total Error, Imprecision, and Bias, derived from intra- and inter-individual biologic variation

This most recent and extensive listing of biologic goals has been provided by Ricos C, Alvarez V, Cava F, Garcia-Lario JV, Hernandez A, Jimenez CV, Minchinela J, Perich C, Simon M. "Current databases on biologic variation: pros, cons and progress." *Scand J Clin Lab Invest* 1999;59:491-500. *This database was most recently updated in 2014.*

	Analyte	Number of papers	Biological Variation		Desirable specification		
			CV _I	CV _g	I(%)	B(%)	TE(%)
S-	Prolactin	4	23.0	35.0	11.5	10.5	29.4



Macroprolactine

Validation

● Comparaison CUSL Bruxelles – standard method (Leslie et al. 2001)

PEG precipitation test

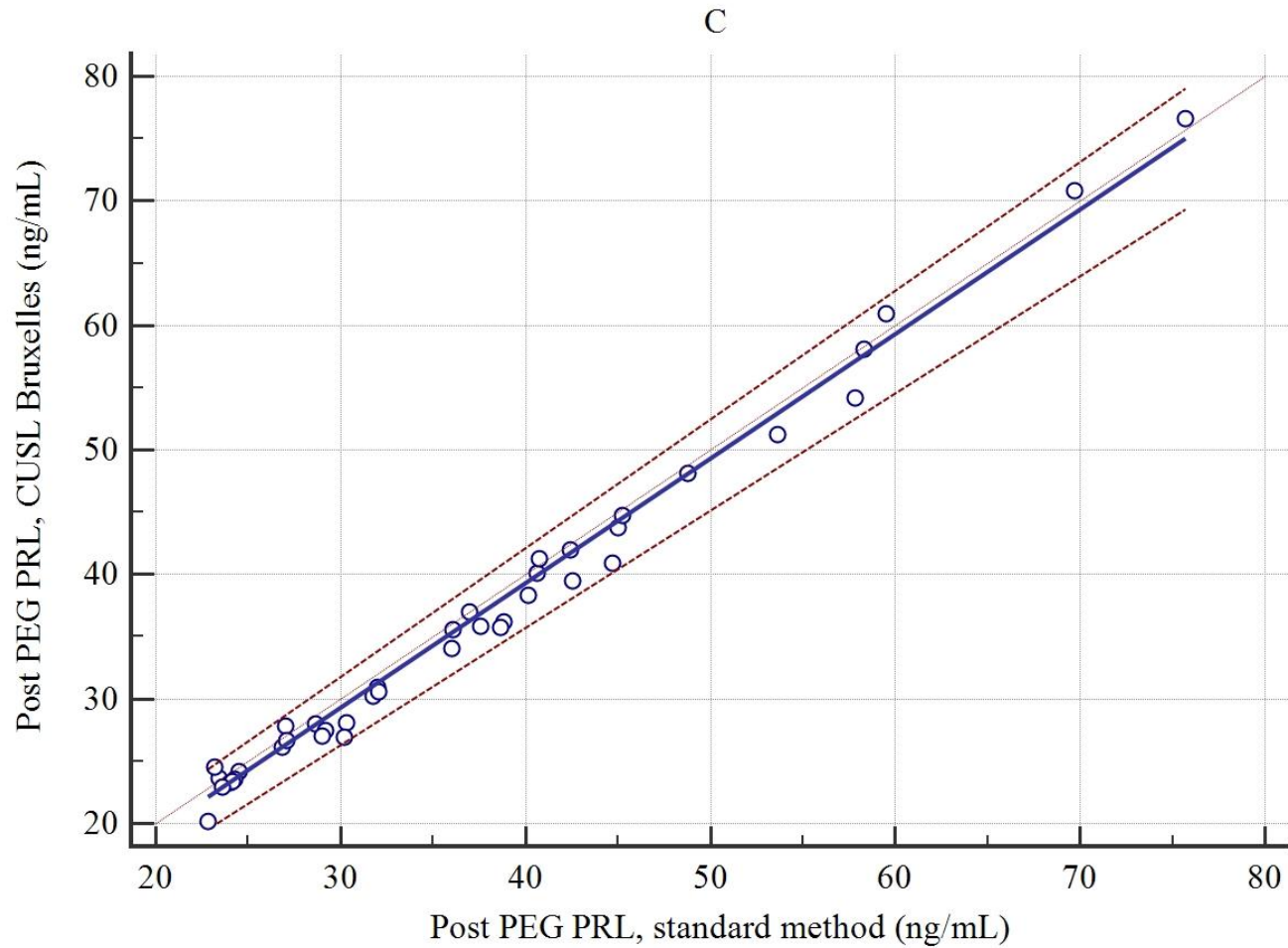
Equal volumes (200 μL) of a 25% solution of PEG (molecular mass 6000 kDa) and patients' sera were mixed and centrifuged at 1500 $\times g$ for 30 min. Immunoreactive PRL was measured in the supernatant, and the results after correction for dilution compared with those obtained from unprecipitated serum. The results were expressed as the percent of PRL recovery. Recovery less than or equal to 40% was taken as evidence that a significant level of macroprolactin was present in the serum. Two patient samples, with macroprolactin present, were each submitted to 10 PEG precipitation tests. The within-assay CV for PRL recoveries were 3.7% and 2.7%, respectively.



Macroprolactine

Validation

● Comparaison CUSL Bruxelles – standard method (*Leslie et al. 2001*)



n = 40



Validation

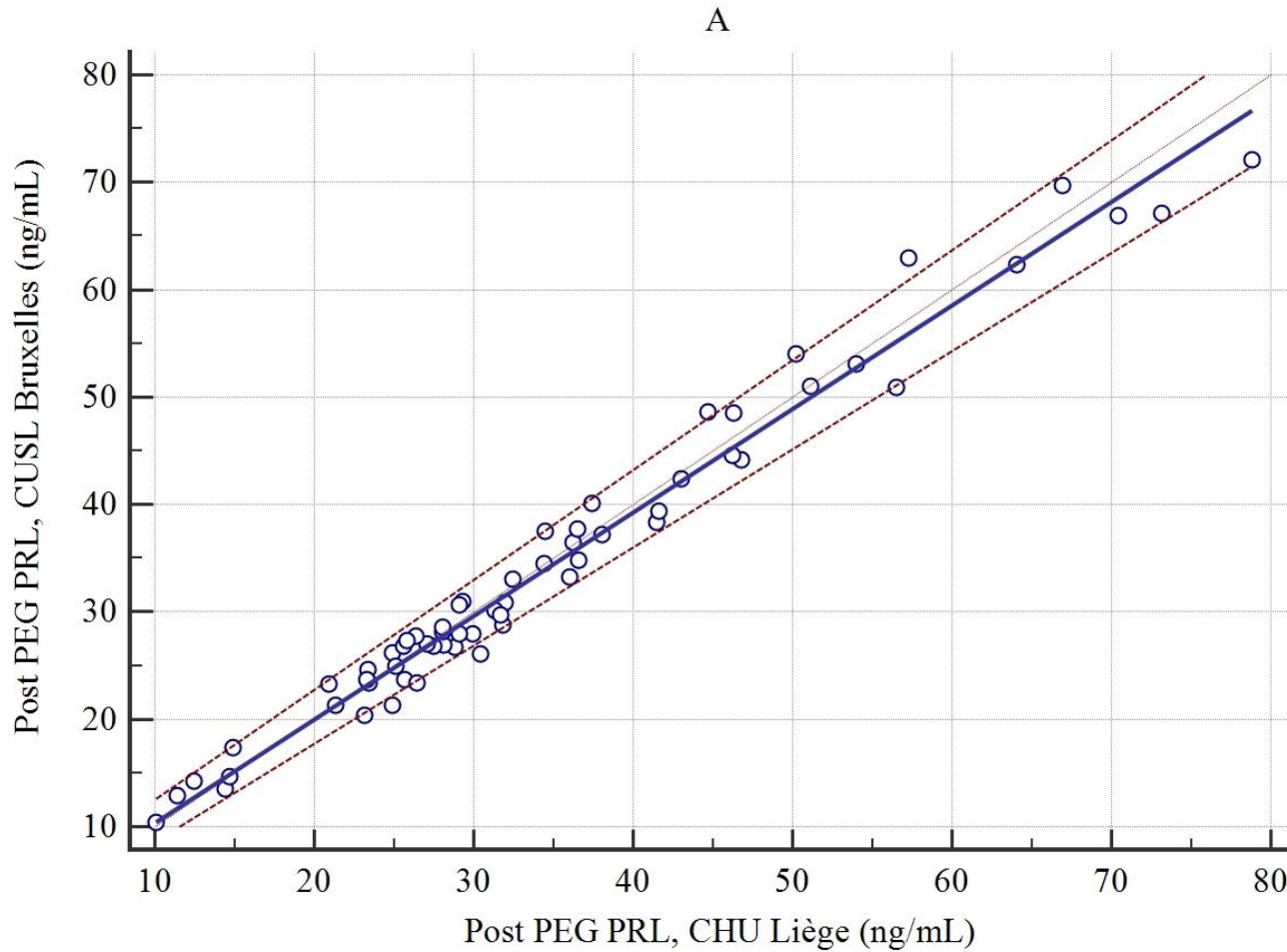
● Comparaison CUSL Bruxelles – CHU Liège

	CHU Liège	CUSL Bruxelles
Dosage	ECLIA module E170	ECLIA module E602
Volume échantillon	300 µL	100 µL
Traitement PEG	2 minutes, 14.500 rpm	2 minutes, 14.500 rpm
Stabilité PEG	7 jours	99 jours
Rendu des résultats	Recovery (%)	Recovery (%) & valeurs référence post PEG



Validation

● Comparaison CUSL Bruxelles – CHU Liège

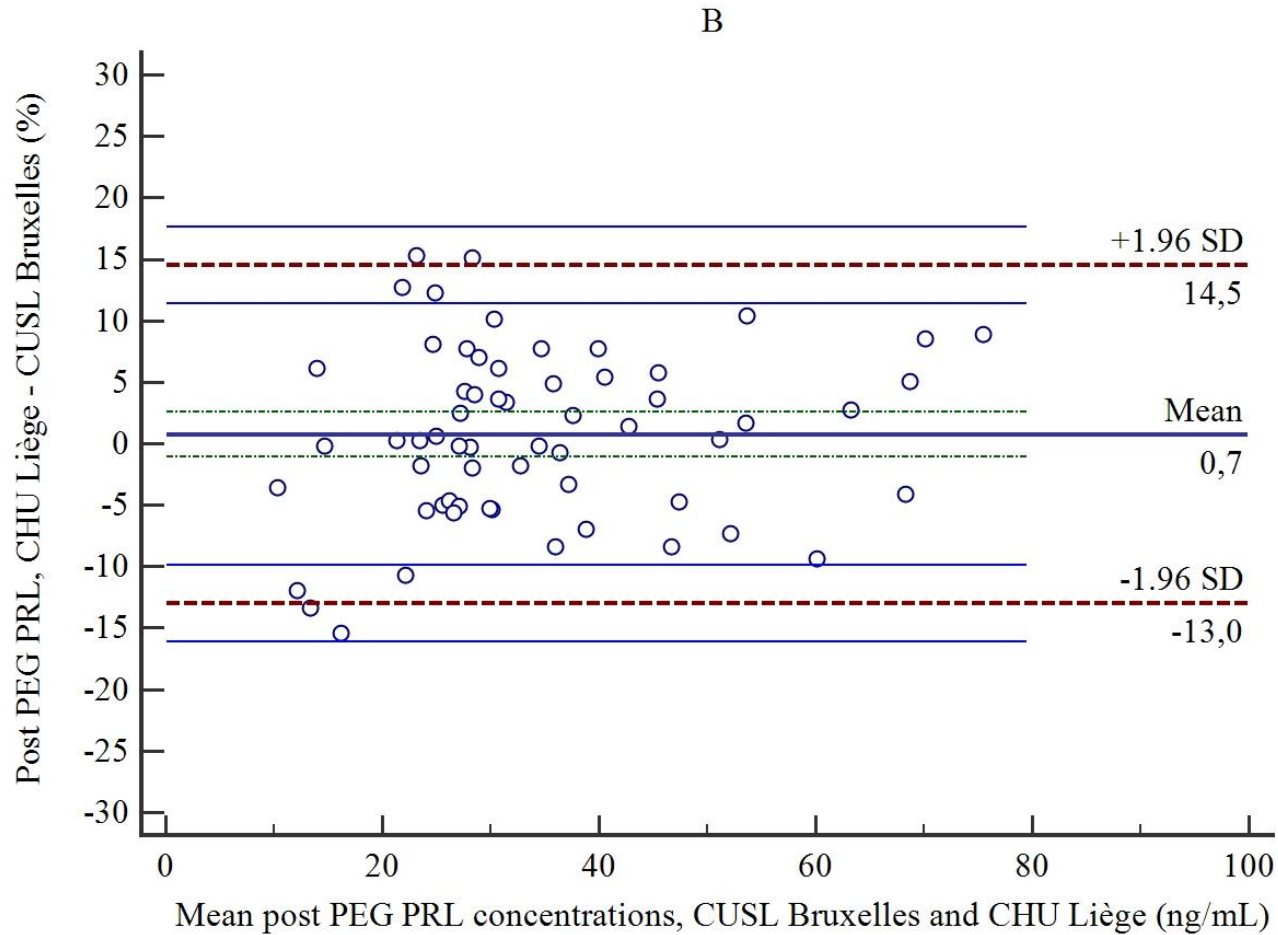


$r = 0.975$
 $n = 61$



Validation

Comparaison CUSL Bruxelles – CHU Liège



Validation

● Comparaison CUSL Bruxelles – CHU Liège

Patient	Pré PEG PRL (ng/mL)	Recovery, Bxl (%)	Recovery, Liège (%)	Post PEG PRL, Bxl (ng/mL)	Post PEG PRL, Liège (ng/mL)
1	32,06	54,34	46,55	17,42	14,92
2	43,45	32,73	28,64	14,22	12,44
3	43,91	56,21	53,22	24,68	23,37
4	43,25	61,97	59,16	26,8	25,59
5	68,88	41,52	40,72	28,6	28,05
6	32,29	41,87	44,53	13,52	14,38
7	31,11	33,56	32,39	10,44	10,08
8	38,84	37,80	37,72	14,68	14,65
9	31,01	41,47	36,81	12,86	11,42

Valeurs de référence post PEG

- Informations plus pertinentes (40-60%)
- Evite les MPRL associée à une vraie hyperPRL



Macroprolactine

Cas clinique

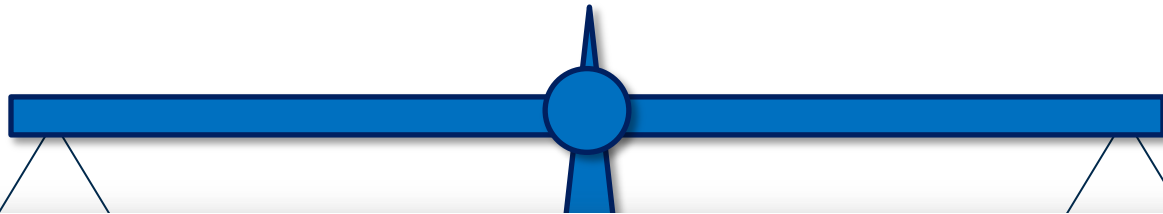
- Femme de 37 ans, 55 kg, 1m 59
- Hyperprolactinémie à trois reprises (**38,3 ng/mL** le 25/11/2015; **38,9 ng/mL** le 9/12/2015 et **29,4 ng/mL** le 4/02/2016)
- LH, FSH, thyroïde, cycles, médicaments, etc...: **RAS**.
- PDF du rapport IRM hypophyse.
- Prescription de Sosital 0,5 mg ½ co 2x/sem.
- Recovery = **37,8%**, valeur prolactine post PEG = **14,65 ng/mL**.
- MPRL et ratio PRL stable jusqu'à 17 ans.



Macroprolactine

Validation

● Comparaison CUSL Bruxelles – CHU Liège



DE GRUYTER

Clin Chem Lab Med 2016; 54(4): 519–522

Editorial

Giuseppe Lippi and Mario Plebani

Macroprolactin: searching for a needle in a haystack?

Pour

Contre



Conclusion

WHAT
YOU
NEED
TO
KNOW?



1. Prévalence variable (**4-40%**)
2. Rechercher la MPRL chez **tous les cas** d'hyperPRL?
3. Screening avec le **PEG 6000** (meilleur rapport qualité/prix)
4. Confirmation toujours possible par **GFC** (Gold Standard)
5. Préférer les valeurs de références **postPEG** au **Recovery**
 - a) Valeurs de référence littérature
 - b) Valeurs de référence home-made



Macrocalcitonine?

Intérêts recherche MC

Macrocalcitonin is a novel pitfall in the routine of serum calcitonin immunoassay

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Susan C. Lindsey¹, Cléber P. Camacho¹, Magnus R. Dias da Silva¹,
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Seul article avec « Macrocalcitonin » sur PubMed

Macrocalcitonine?

Intérêts recherche MC

- Sélection de 3 échantillons
- 250µL PEG 6000 25% + 250µL échantillon
- Vortex 1min
- Centrifugation 9500g 5min à 25°C
- Mesure sur Liaison XL®
- Calcul d'un Recovery (%)



?????

Echantillon	Pré-PEG (pmol/mL)	Post-PEG (pmol/mL)
CALPEG	28.3	63.6
CALPEG	173.0	211.0
CALPEG	13.9	59.1



Macrocalcitonine?

Intérêts recherche MC

- 250µL PEG 6000 25% + 250µL sérum phy
- Vortex 1min
- Centrifugation 9500g 5min à 25°C
- Mesure sur Liaison XL®



Test	Résultat
C-peptide	0.00642 pmol/mL
Insuline	< 1.434 pmol/L
Phosphatase alcaline	< 1.50 µg/L
Calcitonine1	85.6 pg/mL!
Calcitonine2	75.9 pg/mL!
Calcitonine3	87.3 pg/mL!

